



# Teacher Guide

# One World, One Sky

## Big Bird's Adventure



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# Open Your Eyes to the Sky!

Invite the Sun, stars, and Moon into your program and you will open the door to a wonderful world of learning!



As you open children's eyes to the sky, you will help them see how people all over the world are connected. With the help of Big Bird, Elmo, and a new friend from China, named Hu Hu Zhu, children will discover that everyone everywhere shares the same sky.

As a teacher, you can inspire children to ask questions and guide them on an exciting adventure, filled with learning and fun.

This exciting multiple-media, trilingual (English, Spanish, and Mandarin) program was created through the combined efforts of Sesame Workshop, Adler Planetarium, Beijing Planetarium, and Liberty Science Center. It provides fun activities and hands-on centers to build on children's natural curiosity about the Sun, stars, and Moon and will help you to introduce preschoolers and kindergartners, as well as 1st and 2nd graders, to the wonders of the sky.

As you use these materials, you'll:

- Join Big Bird, Elmo, and Hu Hu Zhu on an exciting trip to the Moon as you watch and discuss *One World, One Sky: Big Bird's Adventure*
- Engage in large group activities and hands-on centers that expand upon the learning in the show and further explore:
  - Sunlight and shadows
  - Exciting star stories and constellations from around the world
  - What it would be like on the Moon
- Discover new ways to bring the Sun, stars, and Moon into the classroom, through indoor and outdoor explorations and books, and find exciting ideas for take-home tips that encourage parent involvement

**So, get ready to discover the sky together. Ready, set...let's explore!**

# Introduction to the Teacher Guide

This Planetarium Teacher Guide is a wonderful tool to help you begin exciting explorations of the Sun, stars, and Moon with your program!

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It is easy to use, and provides fun activities that build upon your class curriculum and fit into your everyday routines. It is filled with exciting questions for you and children ages 4-8 to explore, both indoors and outdoors.

## USING THESE MATERIALS

Begin by viewing the exciting *One World, One Sky: Big Bird's Adventure* planetarium show with children. This can be shown in a portable dome or on a traditional video screen.

- Before the show begins, use the **Get Ready for the Adventure** section to spark children's imaginations about the Sun, stars, and Moon and get them excited about the adventure they're about to begin with their *Sesame Street* friends.
- After the show, use the **Remembering the Adventure** section to encourage children to talk about what they learned and share some of their own experiences with the Sun, stars, and Moon.
- Once children have had a chance to share, get ready to extend the learning with exciting, hands-on activities!

## THE ACTIVITIES ARE DIVIDED INTO THREE SECTIONS:

- Exploring the Light of the Sun
- Finding Patterns in the Stars
- Astronaut Adventures and the Moon

## EACH SECTION HAS ACTIVITIES THAT ARE ESPECIALLY DESIGNED FOR:

- Preschoolers and Kindergartners
- 1st and 2nd Graders

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# Introduction (continued)

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**Make these materials your own! You know your class best, so choose activities that work for you. Select any one of the topics, or all three! No matter what you choose, you will find fun-filled explorations that children will enjoy.**

**FOR EACH GRADE LEVEL YOU WILL FIND:**

- **Large Group Activity** (15-20 minutes)
- **Hands-on Centers** (10-15 minutes) Extend children's learning with hands-on activities to link learning about the Sun, stars, and Moon to other curriculum areas.
- **Keep Exploring** Exciting ideas for continuing the learning inside and outside the classroom
- **Take-Home Tip** Easy ways to encourage parent involvement
- **Books Bring Learning to Life** Great books to use for Read Alouds or Independent Reading about the Sun, stars, and Moon

**We encourage you to build upon the ideas and activities, and enjoy learning and exploring together!**





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Go in depth with one topic or explore all three! You can choose the activities that work best for your group.

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# Get Ready for the Adventure!

You are about to watch a wonderful show called *One World, One Sky: Big Bird's Adventure*. Before you begin, talk with children about the exciting things they will see. Ask questions to find out what they already know about the Sun, stars, and Moon.

## INTRODUCING THE ADVENTURE

- Tell children that you are about to go on an exciting adventure together. Have any of them been on an adventure before?
- What was this adventure like?
- What did they see? Today they will go on an adventure with some of their Sesame Street friends.

## TALKING ABOUT THE SKY

- Explain that Big Bird, Elmo, and a new friend from China, named Hu Hu Zhu, will take them on a fun adventure to the sky. What do children see when they look at the sky during the day?
- What do they see when they look at the sky at night?
- What do they notice about the Sun? The stars? The Moon?



# Remembering the Adventure

After watching the show, invite children to talk about what they saw. By helping children relate the show to their own experiences with the Sun, stars, and Moon, you can encourage them to make important connections and further what they learned with their *Sesame Street* friends. You might ask the following questions:

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## SHARING WHAT WE LEARNED ABOUT THE SKY

- What did Big Bird see in the daytime sky? Big Bird told us that the Sun is the one star we can see in the daytime!
- What did Big Bird, Elmo, and Hu Hu Zhu see in the night sky? Big Bird, Elmo, and Hu Hu Zhu found shapes and patterns in the stars.
- What shapes can *you* notice by connecting stars in the nighttime sky?

## SHARING WHAT WE LEARNED ABOUT THE MOON

- After they looked at the night sky, Elmo and Hu Hu Zhu went on an imaginary adventure. Where did they go?
- What were some of the things that Elmo and Hu Hu Zhu noticed that were very different about the Moon?
- When you look up at the Moon at night, what have *you* seen?

## MAKING CULTURAL CONNECTIONS

- Elmo lives in the United States and Hu Hu Zhu lives in China. Even though they live in different places, what are some of the things they see that are the same?
- Pick a star to be your group's friendship star, just like Elmo and Hu Hu Zhu. How would you be able to tell this star from the others?

# Exploring the Light of the Sun



No matter where we live in the world, the Sun is a star that we all share. It looks bigger and brighter than other stars, because it is closer to us than the stars we see at night. It provides light and heat for all the people, plants, and animals in our world. This section is full of exciting ways for you and your children to explore the light of this special star and the shadows it creates.

## Try any or all of the following activities:

### Pre-K/ Kindergarten

- **Large Group Activity:** Me and My Shadow
- **Hands-On Centers:** Play and Math
- **Keep Exploring:** Follow the Shadow! and Shadow Tag
- **Take-Home Tip:** Fun in the Sun

### 1st/2nd Grade

- **Large Group Activity:** Shadow Play
- **Hands-On Centers:** Art and Writing
- **Keep Exploring:** Shadow Walk and Green and Growing
- **Take-Home Tip:** Shadow Patrol

### Books Bring Learning to Life



# Me and My Shadow

Children all over the world enjoy playing in the Sun. What happens when the Sun's light shines on people and objects? Investigate this exciting question with your children!

## CHILDREN WILL:

- Discover that we need light to make shadows
- Investigate how sunlight creates shadows
- Explore how to make their own shadows move and change
- Create different shadows with their bodies

## YOU WILL NEED:

- Children and a sunny day

**BOOK TIP:** Add to this activity by reading *Guess Whose Shadow?* by Stephen R. Swinburne.

National Science Education Standard\*  
Content Standard K-4. A **Science as Inquiry:**  
Understanding about scientific inquiry

## ASK CHILDREN:

- Big Bird taught us that the Sun is a star that we can see during the day! Isn't that amazing? It's bigger and brighter than the stars we see at night because it's much closer to us.
  - How can you tell when it's nighttime? What is it like outside at night?
  - How can you tell when it's daytime? What is it like outside during the day?
  - When you stand outside, have you ever noticed shadows? What shadows have you seen? Did you see them during the day, or at night?

## INVESTIGATE TOGETHER:

- 1) The best time to explore shadows outdoors is mid-morning or mid-afternoon. Choose a sunny day and invite children to an open outdoor space. Before going outside, remind them that it is not safe to look directly at the Sun.
- 2) Ask children to look for their own shadows and explore various movements. For example:
  - What happens to your shadow when you move?
  - What happens to your shadow if you crouch down low or reach your hands up high?
- 3) Encourage children to work in pairs and observe each other's shadows.
  - Can your shadow cover up your partner's shadow?
  - What body parts do you see in your partner's shadow? His eyes? His nose? His hair?
  - What color is your partner's shadow? Can you see the color of your partner's clothes in his shadow?
  - Try to make your shadows shake hands without your hands actually touching!
- 4) Challenge children to work together to make larger shadow creatures. Try to make shadows of big creatures with lots of arms and legs! Show how you can add ears, or a long tail!
- 5) Talk about all the things children notice about their shadows. Ask children: What is creating all of these shadows? What do you need to create shadows? Invite them to ask questions and share ideas for further exploration.

\*National Committee on Science Education Standards and Assessment, National Research Council. (1996). National Science Education Standards. Retrieved from <http://www.nap.edu/catalog/4962.html> on October 10, 2008.



# Get Hands-On

## Play Center

### CHILDREN WILL:

- Compare and contrast the types of things they do during daytime and nighttime
- Engage in an art activity that develops storytelling skills

### YOU WILL NEED:

- Overhead projector or flashlight
- Drawings of Hu Hu Zhu, Elmo, the Sun, child silhouette, and Big Bird (on pages 10-11)
- Glue
- Construction paper
- Craft stick or ruler

### ACTIVITY:

- Invite children to create Shadow Puppets to perform a play about the Sun. They can use the drawings on page 10-11 to create puppet characters and props. They can color the pictures and draw themselves. After coloring, they can glue the drawings onto construction paper, cut them out, and attach a handle (e.g. a craft stick or ruler) to the back. Invite them to move the puppets and props in front of an overhead projector or a flashlight pointed at a wall. They can show the sunrise, and have their puppets act out what they like to do during the day, or the sunset, and have their puppets act out what they like to do at night.

## Math Center

### CHILDREN WILL:

- Compare the height of an object and the length of its shadow
- Develop their measuring skills

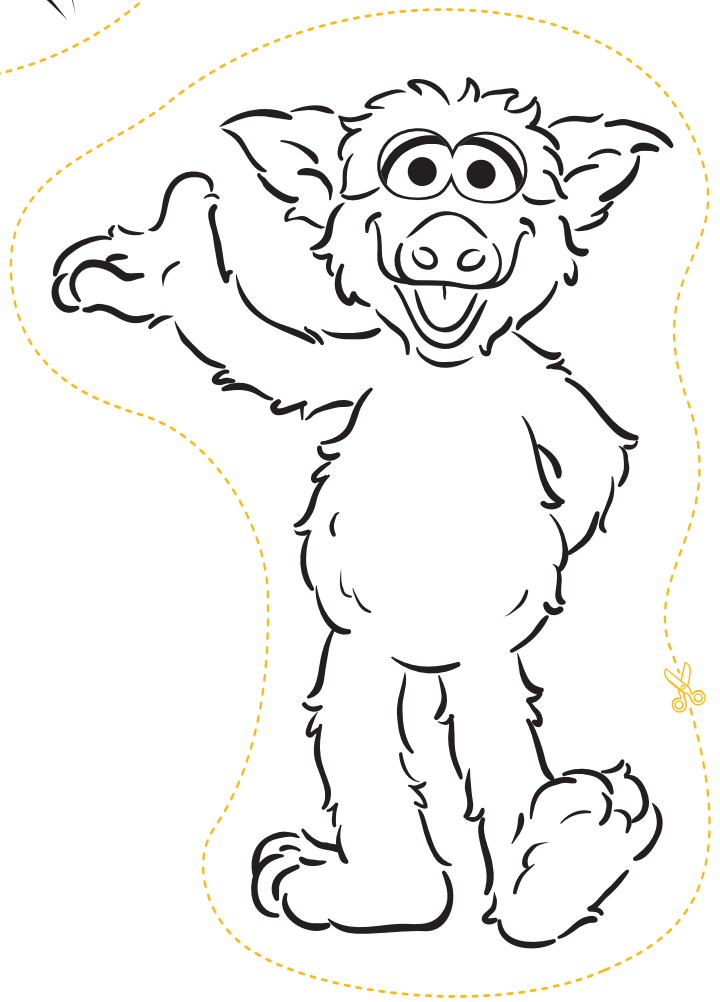
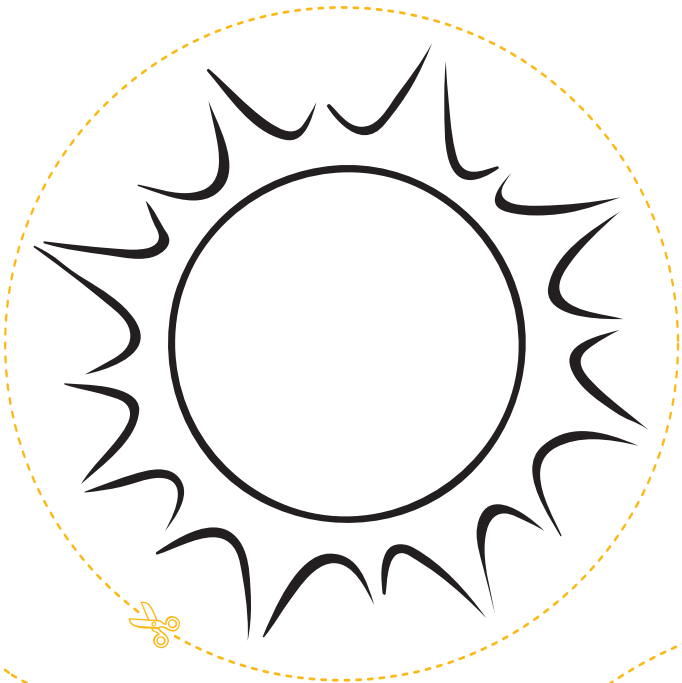
### YOU WILL NEED:

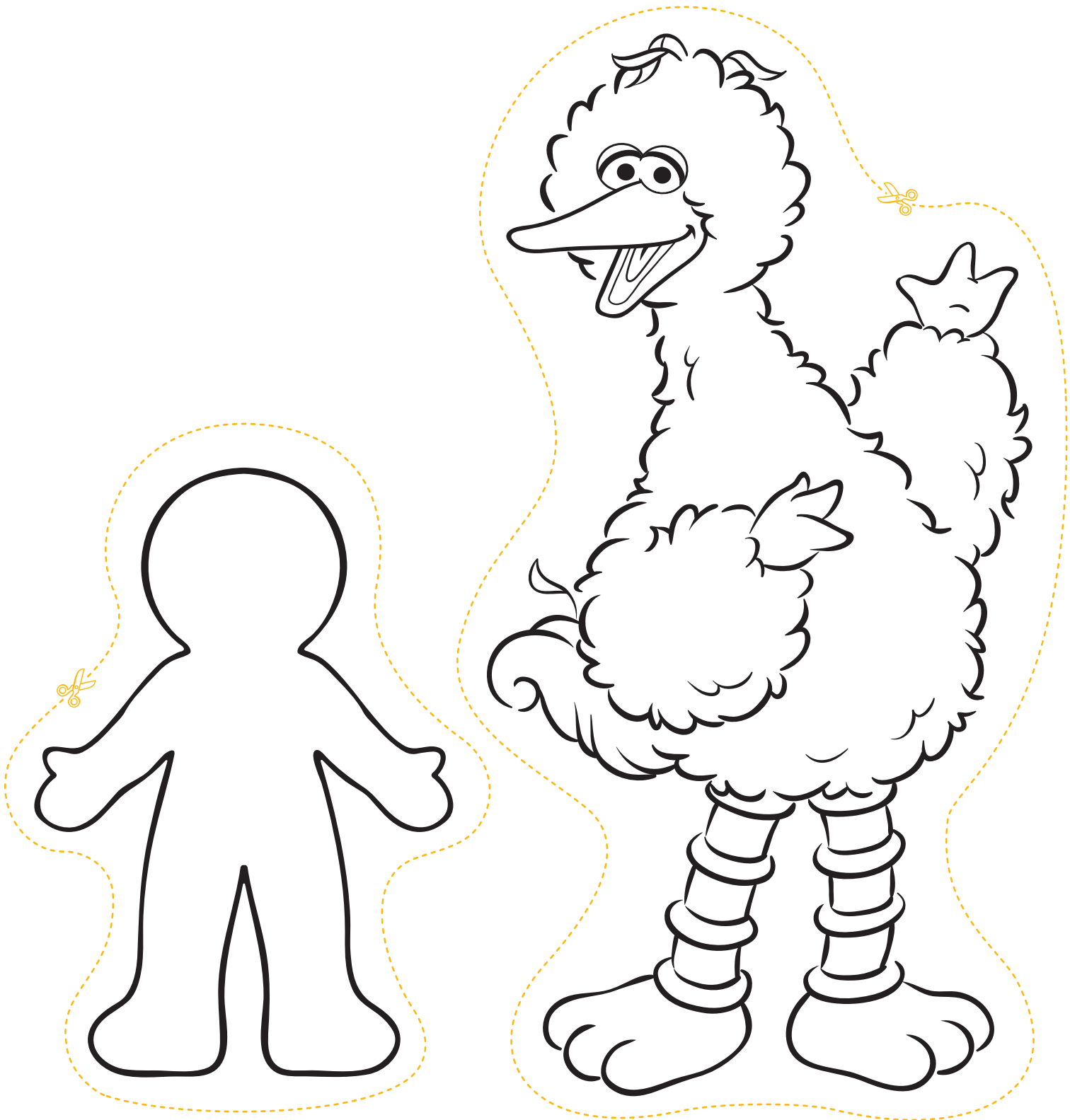
- Overhead projector or flashlight
- White paper
- Blocks

### ACTIVITY:

- Put an overhead projector or a flashlight on a table and shine the light to one side (dim the lights, or set up a shaded space). Cover the table with white paper and give children blocks to place in front of the beam of light. Challenge children to build a shadow tower. As they place one block on top of the other, what happens to the shadow they see? How many blocks do they have in their tower? Is the shadow the same size as the tower? Why do you think they are different sizes? What is creating the shadows?

**Important Safety Note:** Some of the following centers involve the use of an overhead projector. Please remind children not to touch the projector, as it may be hot!





## Keep Exploring

Try these fun activities to continue the learning about shadows inside and outside:

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- **Follow the Shadow!** Ask children to form a line behind you and pretend to be your shadow. As you walk and move your body in different ways, they should copy your movements. If you raise your right hand, or kick to one side, can your “shadows” move as you do? Have them take turns being the leader!
- **Shadow Tag** Invite children to tag each others’ shadows. The person who is “It” can chase their friends’ shadows. When “It” manages to step on a friend’s shadow, that friend becomes “It.” (Remind them to be careful not to run into each other.)

## Take-Home Tip

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- **Fun in the Sun** Invite families to explore how blocking the Sun’s light creates shadows. Outside on a sunny day, they can move their bodies and observe the different shadows they create. They might make shadow puppets with their hands or stand next to each other and compare their shadows. How are their shadows the same? How are they different? What parts of their body can they see in their shadows? What parts of their body can’t they see?



# Shadow Play

Children all over the world enjoy playing with shadows. Do shadows look the same throughout the day or do they change? Investigate this exciting question with your children!

## CHILDREN WILL:

- **Observe how shadows are formed**
- **Investigate how the Sun's position in the sky causes shadows to move and change**
- **Make predictions about shadows**
- **Measure and compare the lengths of their shadows at different times during the day**

## YOU WILL NEED:

- A sunny day
- Yarn (two different colors)
- Scissors
- Markers
- Masking tape

**BOOK TIP:** Add to this activity by reading *Guess Whose Shadow?* by Stephen R. Swinburne.

National Science Education Standard\*  
Content Standards:

- K-4. D **Earth and Space Science:**  
Objects in the sky and Changes in the earth and sky
- K-4. B **Physical Science:**  
Understanding light

## ASK CHILDREN:

- Big Bird told us that the Sun is a star that we can see during the day. Isn't that amazing? It's bigger and brighter than the stars we see at night because it is much closer to us.
  - When Big Bird saw the Sun turn red and orange, it began to set. What else happened when the Sun was setting? Where was the Sun in the sky, high or low? What does it look like after the Sun sets?
  - When it is early in the morning, the Sun starts to rise. What do you think happens to the Sun next? That's right! The Sun will go higher in the sky. What does it look like after the Sun rises?
  - In a sunny day, what shadows have you seen? Where were they? What happens to shadows during the day? Do they change or stay the same?

## INVESTIGATE TOGETHER:

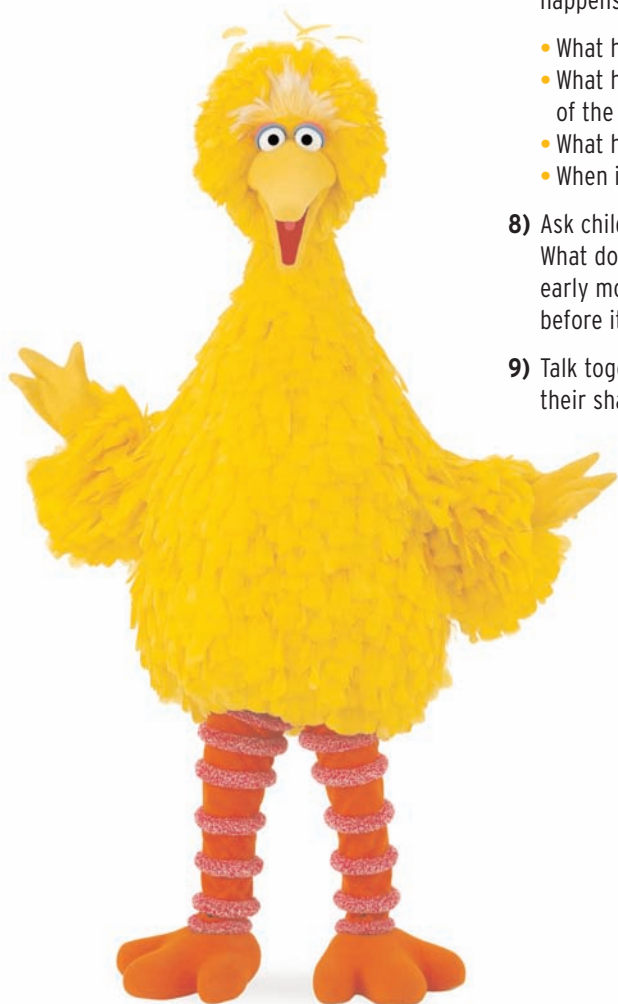
- 1) Choose a time in the early morning or late afternoon, and another time around noon, and invite children to work in pairs to investigate shadows.
- 2) Give each child about 7 feet of the same colored yarn (more yarn may be needed if this activity is done in the winter, or for taller children). Ask them to stand in a sunny spot so that they can see their partner's shadow. The child whose shadow is being measured should stand on one end of the yarn, while his partner stretches the other end to the head of the shadow. Children can then cut the yarn, so that they are left with a piece that is the length of the shadow. Invite children to attach a piece of masking tape to their yarn and write their names on it with a marker.
- 3) Back inside, write the date and time of day children measured their shadows, and the color of the yarn that was used, on the board.
- 4) Before going out for the second time, ask children to predict whether their shadow will be the same length or a different length than the first time.
- 5) Give each child about 7 feet of a different colored yarn. Encourage them to work in pairs again to measure their shadows, cut the length, and label this second shadow yarn.

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\*National Committee on Science Education Standards and Assessment, National Research Council. (1996). National Science Education Standards. Retrieved from <http://www.nap.edu/catalog/4962.html> on October 10, 2008.

## Shadow Play (continued)

Do shadows look the same throughout the day or do they change?



- 6) Back inside, write the time of the second shadow measurements on the board. Then, help them hang their pieces of yarn from the same height on a wall so that they can see and compare the lengths.
  - Was one of their shadows longer than the other? Which one?
  - What time of day were children's shadows the longest? When were they the shortest? Did everyone's shadow change in a similar way? Why might this be?
- 7) Dim the lights in the room and use a flashlight to show children how the Sun's position in the sky affects shadows. Place an object (a block or a doll) on a table. Slowly move the flashlight in an arc from one side of the object to the other. Ask children to observe what happens to the object's shadow as you move the flashlight.
  - What happens to the shadow as you move the flashlight up one side?
  - What happens to the shadow when you shine the flashlight directly over the top of the object?
  - What happens to the shadow when you move the flashlight down the other side?
  - When is the shadow longest? When is it shortest?
- 8) Ask children why they think the length of their shadows changed during the day. What do they know about the Sun's path in the sky? After the Sun rises in the early morning, how does its position in the sky change? Where is the Sun in the sky before it sets?
- 9) Talk together about where the Sun may have been in the sky each time they measured their shadows.



# Get Hands-On

## Art Center

### CHILDREN WILL:

- Compare the size of an object and its shadow
- Make shadow art

### YOU WILL NEED:

- Overhead projector or flashlight
- Cardboard shapes (e.g. circles, triangles, rectangles, hexagons, and octagons)
- White paper
- Markers, paint, or crayons

### ACTIVITY:

- Invite children to create shadow art! Shine an overhead projector or flashlight onto a piece of white paper and provide children with a variety of cardboard shapes. Ask them to explore moving the shapes closer to, and further away from, the light source. Where can they hold the objects to see the clearest shadows? How can they move the objects to create bigger shadows? Smaller shadows? Have them work in pairs to trace the shadows onto the paper. They might trace one shadow shape next to another to create an animal, or make two shadows overlap to create a shadow design. When they're done, they can decorate their tracings with markers, paint, or crayons, and share them with the class!

## Writing Center

### CHILDREN WILL:

- Develop writing skills

### YOU WILL NEED:

- Paper
- Pencils

### ACTIVITY:

- Invite children to draw a picture of themselves with the Sun and their shadow. Encourage them to write a few sentences or an original story about their shadow. How does their shadow change throughout the day?

**Important Safety Note:** Some of the following centers involve the use of an overhead projector. Please remind children not to touch the projector, as it may be hot!



## Keep Exploring

Try these fun activities to continue the learning about shadows inside and outside:

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- **Shadow Walk** Choose three different times of day (morning, near noon, and afternoon) and go for a shadow walk. Invite children to use chalk to trace the shadow of an object on the playground, such as a basketball hoop, a handrail, or a trash can. Return to the same spot two more times that day, and trace the same object's shadow with different colors of chalk. Is the shadow in the same place? Are all three shadows the same length? Or the same shape? Do they point in the same direction?
- **Green and Growing** The Sun's light helps plants grow! Go for a walk outside and ask them to point out all the things they see growing in the Sun. If plants are in the shade, does that mean they are always in the shade? Talk with children about how some plants need a lot of sunlight to grow, while others need less sunlight.

## Take-Home Tip

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- **Shadow Patrol** Encourage families to explore how shadows move and change throughout the day. On a sunny day, they can work together with their child to observe the shadow of a tree, a bench, or a handrail at different times of the day. What does the shadow look like in the morning? What does it look like around noon? How about in the late afternoon? When is the shadow longest? When is it shortest?



# Books Bring Learning to Life

Here are some books that will extend the learning. Read them aloud to your group or invite children to use them for Independent Reading to further explore shadows, the Sun, and day and night.

## SUN/SHADOWS LITERATURE: NONFICTION

→ ***Day Light, Night Light: Where Light Comes From***  
by Franklyn M. Branley

Discusses the properties of light, particularly its source in heat.

Pre-K/K  1st/2nd

→ ***Guess Whose Shadow?***  
by Stephen R. Swinburne

A photo-essay on how light creates shadows.

Pre-K/K  1st/2nd

→ ***Me and My Shadows***  
by Elizabeth Adams

Illustrated instructions for 32 shadow puppets, with suggestions on shadow puppetry in general.

Pre-K/K  1st/2nd

→ ***Shadow Play: Making Pictures with Light and Lenses***  
by Bernie Zubrowski

This lively science activity book has over 50 imaginative experiments that help you explore some of the basic properties of light and discover how studying shadows led to the invention of the camera.

Pre-K/K  1st/2nd

→ ***Sun***  
by Steve Tomecek

Introduces stars and what they are made of, how they shine, their positions with relation to Earth, and more.

Pre-K/K  1st/2nd

→ ***Sun Up, Sun Down***  
by Gail Gibbons

Describes the characteristics of the Sun and the ways in which it regulates life on Earth.

Pre-K/K  1st/2nd

→ ***What Makes Day and Night***  
by Franklyn M. Branley

A simple explanation of how the rotation of the Earth causes night and day.

Pre-K/K  1st/2nd

## SUN/SHADOWS LITERATURE: CULTURAL LORE

→ ***Arrow to the Sun: A Pueblo Indian Tale***  
by Gerald McDermott

This beautiful story portrays the Indian reverence to the Sun with vibrant full-color illustrations that capture the boldness and color of Pueblo art.

Pre-K/K  1st/2nd

→ ***Why the Sun and the Moon Live in the Sky***  
by Elphinstone Dayrell

Sun and his wife, the Moon, lived on Earth and built a large house so that the water people could visit. But so many poured in that they were forced to move to the sky.

Pre-K/K  1st/2nd

→ ***Raven: A Trickster Tale from the Pacific Northwest***  
by Gerald McDermott

Raven, a Pacific Coast Indian trickster, sets out to find the Sun.

Pre-K/K  1st/2nd

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## Books Bring Learning to Life (continued)

### SUN/SHADOWS LITERATURE: FICTION

→ ***Nine O'Clock Lullaby***  
by Marilyn Singer

A series of bright vignettes provides an ingenious response to children's curiosity about what youngsters in other parts of the world are doing while they themselves are going to bed.

Pre-K/K    1st/2nd

→ ***Nothing Sticks Like a Shadow***  
by Ann Tompert

To win a bet, Rabbit tries to get rid of his shadow with the aid of his many animal friends.

Pre-K/K    1st/2nd

→ ***Oscar and the Moth: A Book about Light and Dark***  
by Geoff Waring

As Oscar the kitten watches the Sun set one evening, he has lots of questions about light and dark. Who better than Moth to help out? Moth shows how sources of light are as different as the Sun, stars, fireflies, streetlights, and airplanes, and also explains how shadows are made and why darkness comes at night.

Pre-K/K    1st/2nd

→ ***Shadows***  
by April Pulley Sayre

Rhyming text describes the search of two young friends for shadows in the everyday world.

Pre-K/K    1st/2nd

→ ***Somewhere in the World Right Now***  
by Stacey Schuett

Describes what is happening in different places around the world at a particular time.

Pre-K/K    1st/2nd

→ ***The Sun is My Favorite Star***  
by Frank Asch

Celebrates a child's love of the Sun and the wondrous ways in which it helps the Earth and the life upon it.

Pre-K/K    1st/2nd

→ ***What the Sun Sees/What the Moons Sees***  
by Nancy Tafuri

Contrasts the world as viewed in sunlight with the quiet night world in moonlight.

Pre-K/K    1st/2nd

# Finding Patterns in the Stars



Children all around the world look up at the night sky and find patterns in the stars. They might connect stars to imagine shapes like a triangle or a square, or even the outline of an animal. Spark children's imaginations as you explore star patterns, constellations, and some of the myths and stories they've inspired.

## Try any or all of the following activities:

### Pre-K/ Kindergarten

- **Large Group Activity:** Connect the Stars
- **Hands-On Centers:** Art and Math
- **Keep Exploring:** Group Star Patterns and Star Song
- **Take-Home Tip:** 'Fun'nel Planetarium

### 1st/2nd Grade

- **Large Group Activity:** Constellation Confetti
- **Hands-On Centers:** Painting and Reading
- **Keep Exploring:** A Bowl Full of Stars and Everybody Is a Star!
- **Take-Home Tip:** Stargazing

### Books Bring Learning to Life

# Connect the Stars

It can be fun for children to “connect the dots” while looking into a starry sky. No matter where they live, they can look up and use their imaginations to make patterns with the stars they see.

## CHILDREN WILL:

- Discover that stars can form patterns in the sky
- Use white, circle cutouts to create star patterns
- Share their star patterns

## YOU WILL NEED:

- Big Dipper Star Chart (page 21)
- Emperor Star Chart (page 22)
- Ursa Major Star Chart (page 23)
- Black or dark-blue construction paper
- White, circle cutouts (about the size of a penny, 8-10 per child)
- Glue sticks
- Chalk or white crayons

**BOOK TIP:** Add to this activity by reading *Her Seven Brothers* by Paul Goble.

National Science Education Standard\*  
Content Standard K-4. E **Science and Technology:** Understanding about science and technology

## ASK CHILDREN:

- Big Bird used his imagination to make different shapes by connecting stars in the sky.
  - What shapes did Big Bird imagine when he looked at the starry sky? (Show the Big Dipper Star Chart on page 21.) He connected one, two, three, four, five, six, seven stars to make a big soup spoon in the sky – the Big Dipper! In China, Hu Hu Zhu can see this same star pattern!
  - Let’s listen to some stories about the Big Dipper and see what shapes or patterns *we* can make by connecting stars!

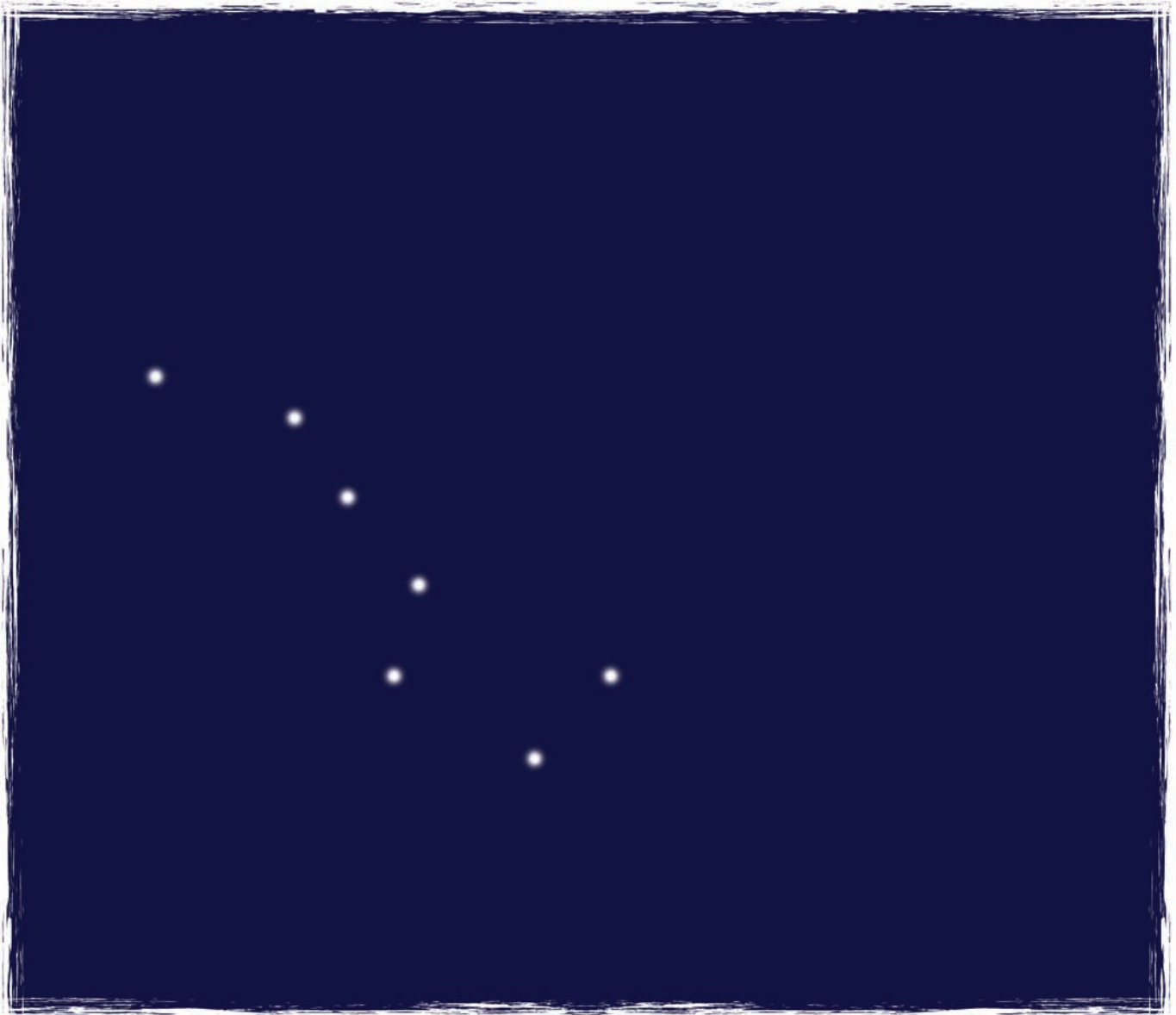
## INVESTIGATE TOGETHER:

- 1) Explain that people often tell stories and sing songs about the patterns they see in the stars. In ancient China, people believed that the North Pole of the sky was a great emperor who went around the world in his carriage. (Show the Emperor Star Chart on page 22.)
- 2) In the United States, people share a different story about these same seven stars. (Show the Ursa Major Star Chart on page 23 and tell children that the Big Dipper is part of a bigger star pattern that looks like a bear.) Native Americans tell a story similar to this one about the bear:

*A girl changed herself into a bear and chased after her little sister and seven brothers. The seven brothers flew up into the sky to hide. They became the seven brightest stars of the Great Bear. They are the stars that make up the Big Dipper.*

- 3) Now, invite children to create their own star patterns. Provide each child with 8-10 circle cutouts and a piece of dark-colored paper. Have them place the circles on their paper any way they like, without having the circles overlap. Then, ask them to glue the circles in place one at a time.
- 4) Ask children to pretend the circles are stars in the nighttime sky. What patterns do they see in their “stars”? They could use their imagination to connect some of the “stars” to make straight or curvy lines. They could also use three “stars” to make a triangle.
- 5) Give children pieces of chalk or white crayons, and invite them to connect the “stars” into the patterns they see.
- 6) Encourage them to share their star patterns with the class. How many stars did they connect to make each pattern?

\*National Committee on Science Education Standards and Assessment, National Research Council. (1996). National Science Education Standards. Retrieved from <http://www.nap.edu/catalog/4962.html> on October 10, 2008.



**Big Dipper Star Chart**



**Emperor Star Chart**



**Ursa Major Star Chart**



# Get Hands-On



## Art Center

### CHILDREN WILL:

- Explore their creativity while creating a starry night

### YOU WILL NEED:

- Dark-blue construction paper
- Star-shaped cookie cutter
- Paint or glue
- Glitter

### ACTIVITY:

- Provide pieces of dark-blue construction paper and invite children to create their own starry nighttime sky! They can dip a star-shaped cookie cutter into paint and make star prints on their paper. If they dip the cookie cutter into glue and make a print, they can sprinkle the print with glitter so it shines. Display the starry nights on a wall for all to enjoy.

## Math Center

### CHILDREN WILL:

- Observe similarities and differences between shapes

### YOU WILL NEED:

- Shapes of different sizes

### ACTIVITY:

- A “star” shape is an interesting figure for children to compare to geometric shapes. Provide children with a variety of circles, triangles, squares, rectangles, and stars of different sizes and different numbers of corners. Ask them to sort the shapes and make comparisons. How many corners does each star have? Which other shapes have sharp corners? How many corners does every triangle have? Which shapes have no corners at all?

## Keep Exploring

Try these fun activities to continue learning inside and outside:

---

- **Group Star Patterns** Invite children to work together to create a group star pattern outside. Each child can draw a star on the ground with chalk. Together, stand back and see if you can find patterns in the stars they've drawn. Encourage children to take turns to connect the stars. After they've drawn the shape of their star pattern, each child can stand on their star so they can "be" part of the star pattern. Can they stand with their legs apart and their arms up to show the light shining from their star?
- **Star Song** Elmo and Hu Hu Zhu sang "Twinkle, Twinkle, Little Star!" to Hu Hu Zhu's favorite star, the North Star. Sing this song together, and ask children to show how the star shines by opening and closing their hands on the word "Twinkle."

*Twinkle, twinkle, little star,  
How I wonder what you are.  
Up above the world so high,  
Like a diamond in the sky.  
Twinkle, twinkle, little star,  
How I wonder what you are!*

Children will be interested to learn that stars actually are enormous balls of very hot gas. They are so hot that they shine brightly enough for us to see them even though they are far, far away. Only one star – our Sun – is close enough to warm us and light up our sky during the day. If you look closely, a star may appear to twinkle or flicker in the sky. That happens when the star's faint light is being bounced around a tiny bit by the air above us. (On the airless moon, the stars don't ever seem to twinkle in the sky – and we would never have thought of this song!)

## Take-Home Tip

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- **'Fun'nel Planetarium** Families can work together to create their own planetarium show! Cover the large opening of a funnel with aluminum foil, and secure it with tape or a rubber band (the bottom of an oatmeal or bread crumb canister will also work). Next, poke small holes in the aluminum foil. You may even poke holes in the pattern of the Big Dipper. Then, turn off the lights, and lie under a table. As you shine a flashlight through the small end of the funnel and aim the "projector" at the underside of the table, you will behold the star patterns you've created!

# Constellation Confetti

Children may have looked up at the night sky and seen different shapes or patterns. Now they will use their imaginations to create their very own star patterns.

## CHILDREN WILL:

- Discover that stars can form patterns in the sky, and that some of these patterns are called constellations
- Use paper dots to create a star pattern
- Create a story about their star pattern

## YOU WILL NEED:

- Big Dipper Star Chart (page 27)
- Black or dark-blue construction paper
- White or brightly colored hole-punch dots (12 per student)
- Glue
- White or gray crayons

**BOOK TIP:** Add to this activity by reading *Follow the Drinking Gourd* by Jeanette Winter.

## ASK CHILDREN:

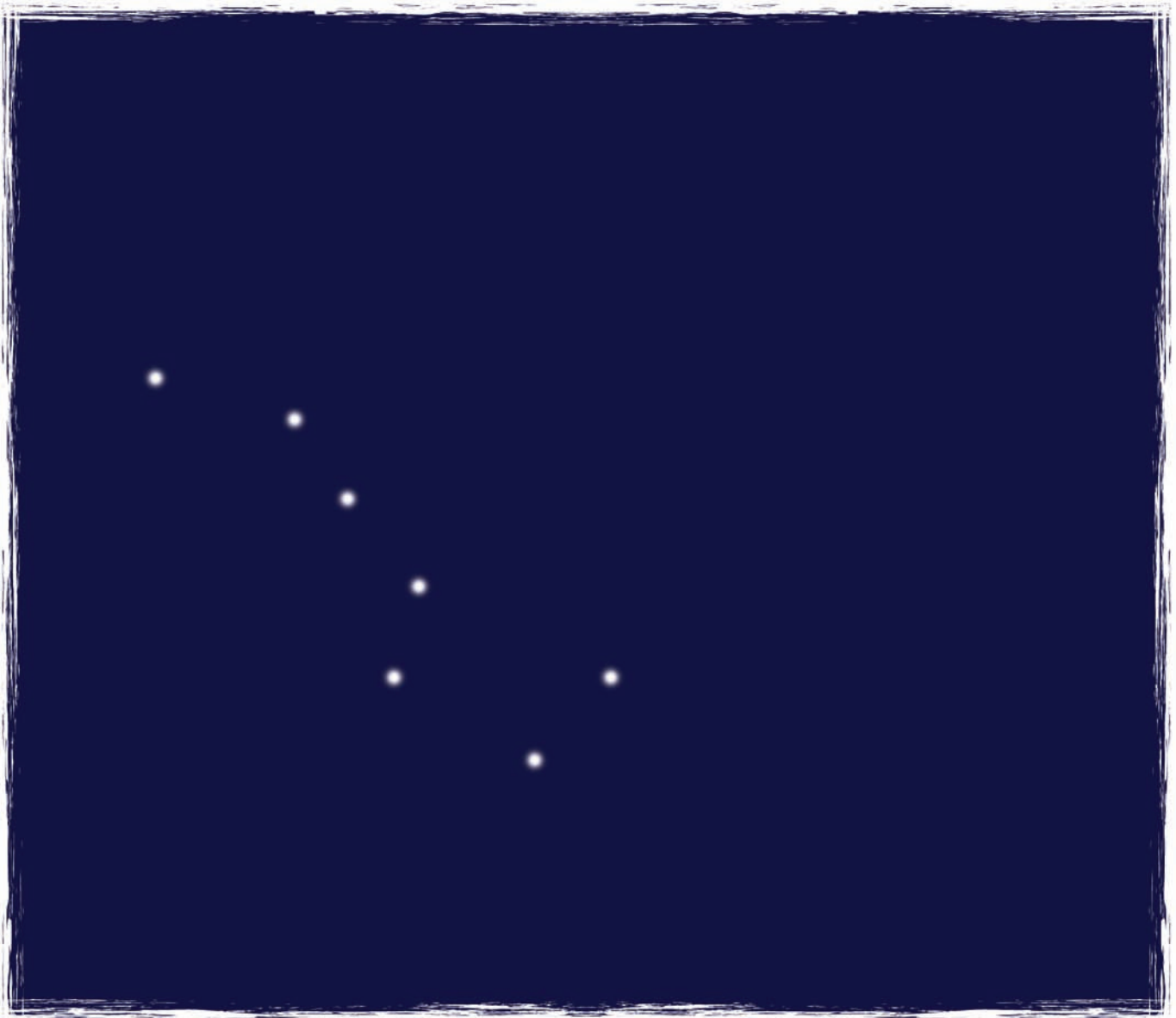
- Big Bird used his imagination to make different shapes by connecting stars in the sky.
  - What shapes did Big Bird imagine when he looked at the starry sky? He connected seven stars to make a big soup spoon in the sky- the Big Dipper!
  - When you look up at the night sky, what shapes or patterns have you seen?

## INVESTIGATE TOGETHER:

- 1) Explain that people often tell stories and sing songs about the patterns they see in the stars. In the United States, there was a time in the past when there were slaves. When slaves looked up at the Big Dipper, they called it the Drinking Gourd because it looked like the spoon they would use to drink water. They used the Drinking Gourd star pattern to help guide them to freedom as they traveled from the South to the North. Show children the Big Dipper Star Chart (on page 27) and ask if they can see how it looks like a drinking gourd, or a big spoon.
- 2) Now, invite children to create their own star patterns by dropping the dots, one by one, onto the construction paper, and then gluing each dot where it lands. Explain that they are gluing the stars wherever they've landed because that's how it is with the stars in the sky. Instead of moving stars into patterns, people find patterns in the way the stars are already positioned. Some of those patterns are called constellations.
- 3) Encourage children to look at their papers. What patterns or pictures do they see?
- 4) Once children have found a pattern, they should use the crayons to connect the dots. Invite them to choose a name for their constellation and create a story about it.
- 5) Encourage them to share their star patterns (constellations) and stories with the class.

National Science Education Standard\*  
Content Standard K-4. E **Science and Technology:** Understanding about science and technology

\*National Committee on Science Education Standards and Assessment, National Research Council. (1996). National Science Education Standards. Retrieved from <http://www.nap.edu/catalog/4962.html> on October 10, 2008.



**Big Dipper Star Chart**



# Get Hands-On

## Painting Center

### CHILDREN WILL:

- Explore the shapes in their artful interpretations of stars

### YOU WILL NEED:

- Paint
- Paper

### ACTIVITY:

- Help children create their own simple five- or six-pointed stars using triangles. How many triangles are inside their drawings of a star? They can paint each triangle a different color. What other shapes can they see in their stars? How many sides do their star drawings have?

## Reading Center

### CHILDREN WILL:

- Develop phonemic awareness

### YOU WILL NEED:

- Objects (including ones that start with the same consonant blend as the word "star" (e.g. stamp, sticker, stapler)

### ACTIVITY:

- Help develop children's phonemic awareness skills by encouraging them to sort the objects as they practice saying the names. Encourage them to think of other words that begin with the same sound as "star."

## Keep Exploring

Try these fun activities to continue the learning inside and outside:

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- **A Bowl Full of Stars** Create your own twinkling stars with a clear glass bowl, a flashlight, water, a pencil, and aluminum foil. Cut a piece of aluminum foil large enough to fit under the bowl. Loosely wrinkle the foil and fill the bowl halfway with water. Set the bowl gently on top of the aluminum foil. Shine the flashlight 12 inches from the top of the bowl. Tap the surface of the water with the pencil. Watch closely and you will see the foil twinkle, much like the stars in our sky.
- **Everybody Is a Star!** Find an open space and divide children into groups of five. Challenge them to work together to make the shape of a star. Can they use their hands? If they lie down, can they make the shape of a star using their legs?

Children will be interested to learn that stars actually are enormous balls of very hot gas. They are so hot that they shine brightly enough for us to see them even though they are far, far away. Only one star – our Sun – is close enough to warm us and light up our sky during the day. If you look closely, a star may appear to twinkle or flicker in the sky. That happens when the star's faint light is being bounced around a tiny bit by the air above us. (On the airless moon, the stars don't ever seem to twinkle in the sky – and we would never have thought of this song!)

## Take-Home Tip

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- **Stargazing** Encourage parents and children to go stargazing together and try to find patterns in the stars they see. They might be able to find the Big Dipper, or their own patterns. They can talk together as they notice that some stars are bright and some are dim. How many stars do they see?



# Books Bring Learning to Life

Here are some books that will extend the learning. You can read them aloud to your group or invite children to use them for Independent Reading to further explore the stars.

## STARS LITERATURE: NONFICTION

→ ***I Wonder Why Stars Twinkle and Other Questions About Space***  
by Carole Stott

Answers questions about space such as, "Are stars star-shaped?" "Which is the coldest planet?" and "What is a black hole?"

Pre-K/K  1st/2nd

→ ***Skylore from Planet Earth: Stories from around the world...ORION***  
by Dayle L. Brown

In *Skylore from Planet Earth*, we explore some of the stories about the constellation Orion. Since Orion is located over the Earth's equator, people from the entire planet have looked to it for a reminder of their own traditions.

Pre-K/K  1st/2nd

→ ***Skylore from Planet Earth: Stories from Around the World...PLEIADES***  
by Dayle L. Brown

In this *Skylore from Planet Earth*, we explore some of the stories about the star cluster Pleiades. Since the Pleiades is located almost directly over the Earth's equator, people from the entire planet have looked to it for a reminder of their own traditions.

Pre-K/K  1st/2nd

→ ***Stars***  
by Steve Tomecek

Introduces stars and what they are made of, how they shine, their positions with relation to Earth, and more.

Pre-K/K  1st/2nd

→ ***The Big Dipper***  
by Franklyn M. Branley

Explains basic facts about the Big Dipper, including which stars make up the constellation, how its position changes in the sky, and how it points to the North Star.

Pre-K/K  1st/2nd

→ ***The Big Dipper and You***  
by E.C. Krupp

Presents what is known today and past beliefs about the Big Dipper, or Ursa Major, and gives added information on the North Star, or Polaris.

Pre-K/K  1st/2nd

→ ***The Glow-in-the-Dark Planetarium Book***  
by Annie Ingle

Describes some things – such as constellations, the planet Venus, the moon, and meteors – that can be seen in the night sky. Parts of the pictures are visible only in the dark.

Pre-K/K  1st/2nd

→ ***The Sky is Full of Stars***  
by Franklyn M. Branley

Children will be able to learn about the color and brightness of the stars, the location of major constellations, and making their own planetariums with things they can find at home.

Pre-K/K  1st/2nd

CONTINUED ON THE FOLLOWING PAGE → → →

# Books Bring Learning to Life (continued)

## STARS LITERATURE: CULTURAL LORE

→ ***Coyote Places the Stars***

by Harriet Peck Taylor

Coyote arranges the stars in the shapes of his animal friends.

Pre-K/K  1st/2nd

→ ***Her Seven Brothers***

by Paul Goble

Retells the Cheyenne legend in which a girl and her seven chosen brothers become the Big Dipper.

Pre-K/K  1st/2nd

→ ***How the Stars Fell Into the Sky: A Navajo Legend***

by Jerrie Oughton

This retelling of a Navajo folktale explains how First Woman tried to write the laws of the land using stars in the sky, only to be thwarted by the trickster Coyote.

Pre-K/K  1st/2nd

→ ***Twinkle, Twinkle, Little Star***

by Iza Trapani

An expanded version of the 19th-century poem in which a small girl accompanies a star on a journey through the night sky, examining both heavenly bodies and the Earth below. Includes music on last page.

Pre-K/K  1st/2nd

→ ***Zoo in the Sky***

by Jacqueline Mitton

This award-winning book captures the glittering light show of the constellations.

Pre-K/K  1st/2nd

→ ***Once Upon a Starry Night***

by Jacqueline Mitton

Similar in format to *Zoo in the Sky: A Book of Animal Constellations* (1998), this companion volume presents a series of 10 constellations and briefly retells the Greek myths related to them.

Pre-K/K  1st/2nd





# Astronaut Adventures to the Moon



The Moon is a source of awe and wonder for children all over the world. There is so much to learn about the Moon, from exploring how people and objects move on the Moon, to finding out why astronauts wear special suits. Build on children's natural curiosity and see what you can discover together!

## Try any or all of the following activities:

### For Pre-K/ Kindergarten Teachers

- **Large Group Activity:** A Trip to the Moon!
- **Hands-On Centers:** Math, Dress Up, and Art
- **Keep Exploring:** Astronaut Tag and Moon Hunt
- **Take-Home Tip:** Moon Talk

### For 1st/2nd Grade Teachers

- **Large Group Activity:** Moon Suits
- **Hands-On Centers:** Math and Writing
- **Keep Exploring:** Feel the Heat and Astronaut Tag
- **Take-Home Tip:** Suit Yourself!

### Books Bring Learning to Life

# A Trip to the Moon!

Children from around the world have often wondered, “What would it be like to be on the Moon?” Explore this fascinating question with your children as you investigate the different ways things look, feel, and move on the moon!

## CHILDREN WILL:

- **Take an imaginary trip to the Moon**
- **Discover that the Moon is far away, and very different from Earth**
- **Move to music and experience how people move differently on the Moon**
- **Learn about the surface of the Moon**

## YOU WILL NEED:

- The “Going to the Moon with Elmo and Hu Hu Zhu!” story (pages 35-40)
- Picture of the Full Moon (page 41)
- Open space for children to move around
- Play dough or clay
- A radio or CD player to play music
- Small ball

**BOOK TIP:** Add to this activity by reading *Moon* by Steve Tomecek.

## ASK CHILDREN:

- After Elmo and Hu Hu Zhu looked at the stars in the sky, they took a special trip to the Moon!
  - Elmo and Hu Hu Zhu didn't have a spaceship. What did they use to get to the Moon? Right! They used their imagination!
  - Would you like to visit the Moon? What do you think you would see there? What would you like to find out about the Moon?
  - Let's use our imaginations and take a trip to the Moon with Elmo and Hu Hu Zhu!

## INVESTIGATE TOGETHER:

- 1) Read the interactive story, “Going to the Moon with Elmo and Hu Hu Zhu!” (pages 35-40) and share the pictures with children.
- 2) At the end of the story, pretend to land on the Moon, and choose one or more of the following concepts to explore together:
  - **What would the Moon look like?**
    - Ask children what they think the Moon would look like. What did Elmo and Hu Hu Zhu see on the Moon? Were there any trees, flowers, or animals?
    - Do you remember the big holes Elmo and Hu Hu Zhu found? Hu Hu Zhu told us those were called craters.
    - Look at the picture of the Full Moon (on page 41) together and invite children to describe the Moon's surface. Encourage them to point to any craters they see.
    - Then, pretend you are back on the Moon and imagine that there are craters all around you. Invite children to jump into and out of the pretend craters they see!
    - Next, provide balls of clay or play dough and encourage them to make mini models of the Moon. Show children pictures of the Moon so they can use them as a reference.
    - They can put the dough or clay around a small ball, such as a tennis ball, and then use the palm of their hand, and their thumbs to make craters. When they're done, they can count the craters they've made!

**CONTINUED ON THE FOLLOWING PAGE → → →**

National Science Education Standard\*  
Content Standards:  
• K-4. D **Earth and Space Science:**  
Objects in the sky  
• K-4. G **History of Nature and Science**

\*National Committee on Science Education Standards and Assessment, National Research Council. (1996). National Science Education Standards. Retrieved from <http://www.nap.edu/catalog/4962.html> on October 10, 2008.

# A Trip to the Moon! (continued)

**Elmo and Hu Hu Zhu didn't have a spaceship. What did they use to get to the Moon? Right! They used their imagination!**

→ **How could you move on the Moon?**

- Ask children what happened when Elmo and Hu Hu Zhu tried to run on the Moon. That's right, they hopped and jumped!
  - You can jump *really* high on the Moon. Let's try it! Ask everybody to jump as high as they can. Now, do it again!
  - Explain that it would feel different to walk on the Moon. You would feel almost like you can float with every step. Make believe your whole body is very light and pretend to walk slowly on the Moon.
  - Now, try it with music! Play some music and encourage children to move like they are walking on the Moon. When the music stops, they can freeze in place. When the music starts, they can moon walk again.
- 3) End your Moon adventure by asking children if they think they would be able to stay and live on the Moon. Are there any houses for them to live in? Is there any food for them to eat? Explain that they need to travel all the way back to Earth to see all the wonderful people and places they left behind.
- 4) Get back in your spaceship together and prepare for your blastoff back to Earth. 10, 9, 8, 7, 6, 5, 4, 3, 2, ... 1! Blastoff! Act out riding in your spaceship and pretend to land back on Earth. Take off your helmets and breathe in Earth's air!

**ONLINE LINKS:** During this activity, take a look at these videos to see examples of real astronauts moving on the Moon:

→ <http://www.youtube.com/watch?v=efzYbIYVUFk&feature=related>

Take a look at how the astronauts move and jump. Then, take a look at the flag. Is it waving? Why isn't it waving? That's right! It isn't moving because there is no air on the Moon!

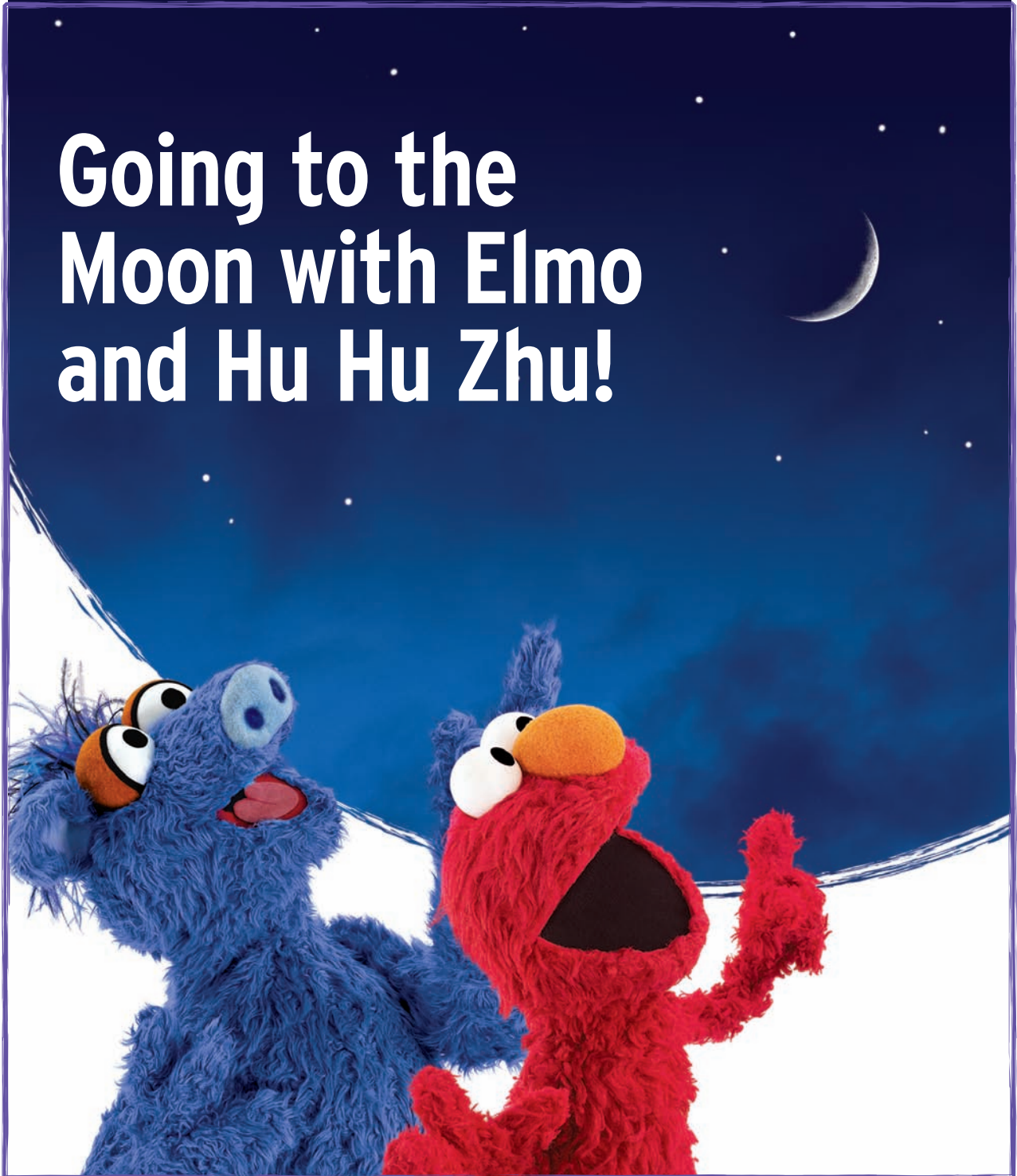
→ <http://www.youtube.com/watch?v=MUORgpdujzo&NR=1>

It isn't easy to keep your balance on the Moon when you are wearing a heavy backpack. Take a look at what happens to this astronaut as he tries to move on the Moon.

→ <http://www.youtube.com/watch?v=8V9quPcNWZE&feature=related>

This fun video shows astronauts singing on the Moon as they talk by radio about the different ways they can move!

# Going to the Moon with Elmo and Hu Hu Zhu!



Today is a very exciting day for Elmo and his good friend from China, Hu Hu Zhu. They are going to take a pretend trip to the Moon and...they'd like you to come too!

"Oh boy, oh boy," shouts Elmo, "is it time to go to the Moon?"

"Not yet, Elmo," says Hu Hu Zhu. "We have to answer a big question before we go."

"What?" asks Elmo. "Elmo bets Elmo knows the answer. Then, Elmo and Hu Hu Zhu can go to the Moon right away!"

"How do we get there?" asks Hu Hu Zhu.

"Oh," said Elmo quietly, "Elmo does not know." Just then, Elmo had an idea. He and Hu Hu Zhu would just need to find out how astronauts go to the Moon and then they could do those very same things.



page 1



Elmo and Hu Hu Zhu need some astronaut answers. Can you help? First they need to know what astronauts travel in when they go to the Moon.



What's that you say...you say astronauts travel in a spaceship when they go to the Moon?

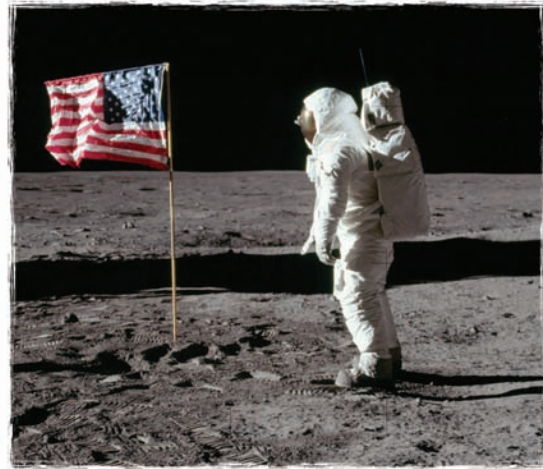
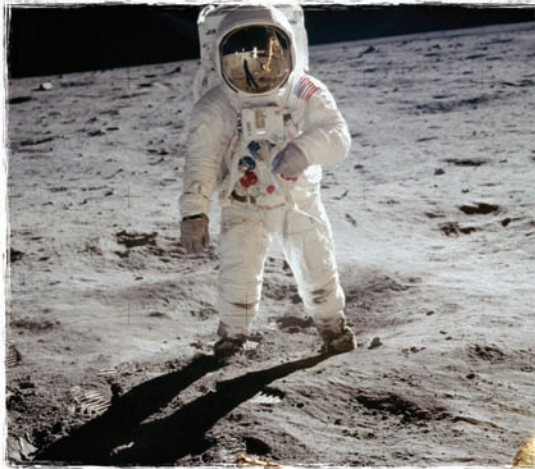
"Oh goody," says Elmo. "Now Elmo and Hu Hu Zhu can go to the Moon. We have the answer! Moon, here comes Elmo and Hu Hu Zhu!"

"But it's not just that," says Hu Hu Zhu. "The Moon is really far away. You might not believe it, but it takes several days to get there! When people first went to the Moon, it took them about four days."

"Elmo thinks that if it is going to take four days to get there, Elmo and Hu Hu Zhu better get in the spaceship now!" says Elmo.

"But, wait, Elmo," says Hu Hu Zhu. "We are not ready yet!"

page 2



**"We have another question to answer," says Hu Hu Zhu. "What do astronauts wear when they go to the Moon?"**

**It's time for more astronaut answers. Do you know what special clothing astronauts wear to the Moon? Look at these pictures of real astronauts on the Moon. What are they wearing? Helmets and boots, you got it!**

**"Wow," says Elmo. "Elmo loves helmets and boots. And they wear big backpacks too!"**

**"The backpacks are big because they need a special air tank," says Hu Hu Zhu. "And they need helmets to help them breathe on the Moon because there isn't any air up there."**

**"Oh, Elmo and Hu Hu Zhu know just what to wear and just how to travel. Now, can Elmo and Hu Hu Zhu go to the Moon?" asks Elmo.**

**"Well...if we have some friends to travel with...will you join us?" asks Hu Hu Zhu.**

**Looks like Elmo and Hu Hu Zhu need your help again, so get ready to put on your space suits!**

**"Yes" says Hu Hu Zhu. "Put one foot in, then the other, and pulllll your space suit up. Now ziiiiiiip it and don't forget to put your big round helmet on to help you breathe!"**

**page 3**



Elmo is so excited. He just can't wait any longer. "Are Elmo and Hu Hu Zhu and everybody ready to go to the Moon NOW?" shouts Elmo.



"Yes!" says Hu Hu Zhu. "Okay, everybody, it's time to get in our pretend spaceship and buckle our seat belts. Let's count down for the blastoff together! 10, 9, 8, 7, 6, 5, 4, 3, 2, 1! Blastoff! What do you think a spaceship sounds like when it blasts off into space? Let's make the sound of the spaceship blasting off! ROAR!!!!!"

To really get the spaceship going, Elmo and Hu Hu Zhu need you to pretend that you are riding in a spaceship and flying through space. Whoooooosh!



"Elmo thinks the spaceship is going super fast. How is your pretend spaceship ride?"

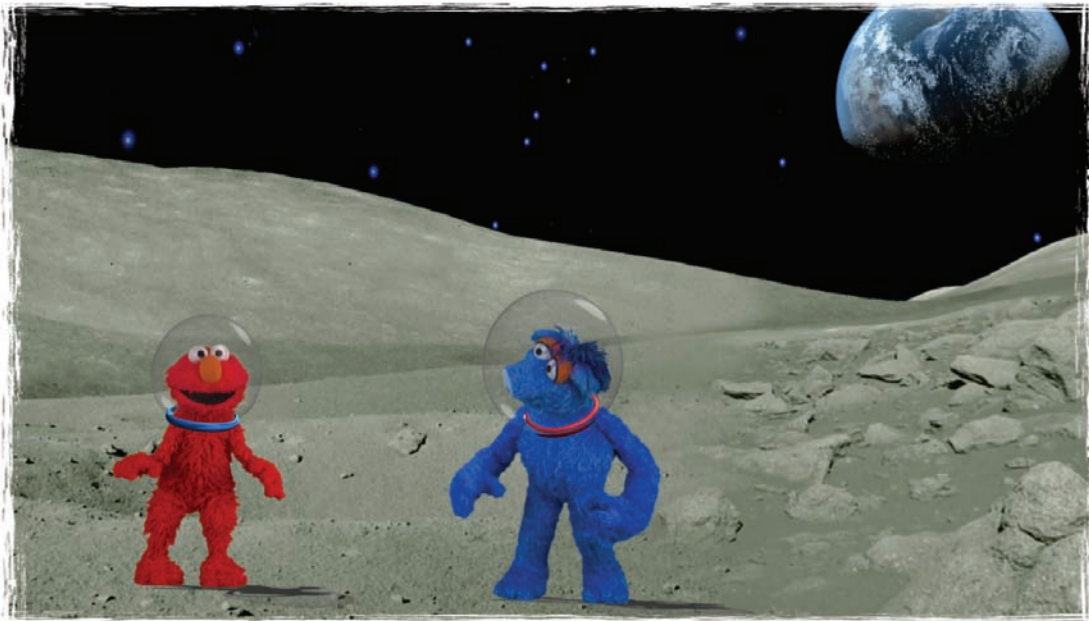
"Mine feels really fast and really bumpy. Everyone hold onto your seats," says Hu Hu Zhu. "Oh, now it feels nice and smooth, we can relax."



Remember, it takes four days to get to the Moon. So, everyone pretend to go to sleep and wake up four times – that means four days have passed – to get to the Moon with Elmo and Hu Hu Zhu!







**"Wake up," says Elmo. "Elmo sees the Moon out the window! Do you?  
Elmo and Hu Hu Zhu and everybody finally made it to the Moon!"**

**"Not quite yet," says Hu Hu Zhu.**

**"What now?" says Elmo.**

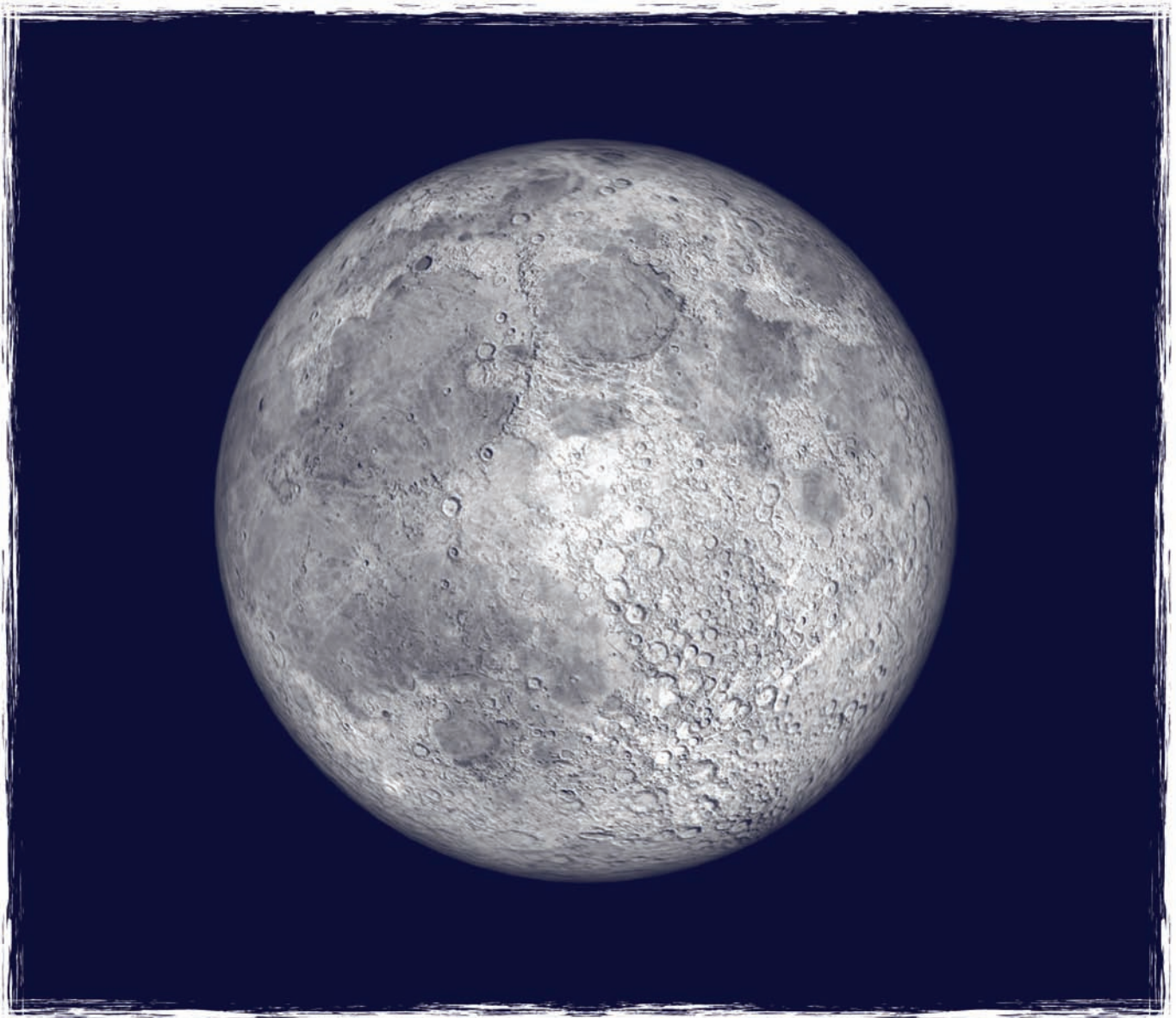
**"Now we have to pretend to land on the Moon," says Hu Hu Zhu.**

**"Oh goody!" says Elmo as he takes a pretend step onto the Moon.**

**"This is what Elmo has been waiting for. Hello Moon," he says.**

**"Ni Hao Moon," says Hu Hu Zhu.**

**Now it's your turn. Take a big giant step and say hello to the Moon!  
Have fun exploring!**



**Luna llena**

**A veces podemos ver la Luna completa en el cielo. Se ve grande, redonda y brilla mucho.  
Llamamos a esta forma Luna llena.**



# Get Hands-On

## Math Center

### CHILDREN WILL:

- Practice counting backward

### YOU WILL NEED:

- Three containers
- Crayons or blocks

### ACTIVITY:

- Children counted down from 10 before their imaginary spaceship took flight. Challenge them to practice counting backward by providing them with a model of a spaceship (or a paper airplane) and three containers of 10, 15, and 20 objects (e.g. crayons or blocks). After they count the objects in each container, they can count backward before blasting the model spaceship into space!

## Dress Up Center

### CHILDREN WILL:

- Engage in pretend play

### YOU WILL NEED:

- Sunglasses
- Helmet
- Pants
- Gloves
- Boots

### ACTIVITY:

- Let children experience what it's like to be an astronaut by trying on special astronaut clothing. You don't need a real space suit, just a pair of sunglasses, a helmet, snow pants, gloves, and some boots. Once children have on their space suit, they're ready to walk on the Moon!

## Art Center

### CHILDREN WILL:

- Draw a picture of a spaceship

### YOU WILL NEED:

- Paper
- Crayons

### ACTIVITY:

- Invite children to draw a picture of the imaginary spaceship they used for their trip to the Moon. Provide pictures of real spaceships for them to use as inspiration. Hang the drawings on a bulletin board, between a picture of the Earth and a picture of the Moon, to show the spaceships flying to the Moon. This will be a great visual reminder of their astronaut adventure!

## Keep Exploring

Try these fun activities to continue learning inside and outside:

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- **Astronaut Tag** Add a new twist to an old favorite. Invite children to play a game of tag. When you call out “Moon,” however, everyone moves as if they were on the Moon by hopping and taking giant steps. When you call out “Earth,” they can go back to running again.
- **Moon Hunt** Let’s see the Moon during the daytime! The best time to look is on a clear day with low humidity. Try in the afternoons, about a week after the New Moon. Check the newspaper or a calendar to find a good day for your hunt, and look up! To plan for your hunt, you might also go to: <http://stardate.org/nightssky/almanac/>

## Take-Home Tip

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- **Moon Talk** Encourage families to look for the Moon before bedtime and talk about what it would be like to go to the Moon. Provide parents with a list of the things children have been learning, and encourage them to ask their children questions such as, “If we took a trip to the Moon together, how would we get there?” “What would we need to wear?” “What might we see on the Moon’s surface?” and “How is the Moon different from Earth?”



# Moon Suits

Children from around the world have often wondered, “What is it like on the Moon?” Explore this fascinating question with your children as you investigate the different ways things look, feel, and move on the moon!

## CHILDREN WILL:

- Discover that the Moon is very different from Earth
- Learn about the special clothing necessary for traveling to and exploring the Moon
- Design their own space suits using reusable materials

## YOU WILL NEED:

- Reusable materials: paper towel rolls, pieces of cardboard, plastic lids, tissue boxes, plastic bottles, rubber bands, string (ask children to bring some of these items)
- Pictures of the Moon, astronauts, and spaceships (pages 46-48)
- Tape
- Scissors

**BOOK TIP:** Add to this activity by reading *If You Decide to Go to the Moon* by Faith McNulty.

## ASK CHILDREN:

- Look at the picture of the Moon and talk about how it is different from Earth. Elmo and Hu Hu Zhu discovered that there are no plants or animals on the Moon, and that they were able to move differently on the Moon.
  - What did Elmo and Hu Hu Zhu wear on the Moon? That’s right! They wore helmets.
  - Why did Elmo and Hu Hu Zhu wear helmets on the Moon? Is there any air up there? That’s right! Elmo and Hu Hu Zhu wore helmets on the Moon to help them breathe, because there isn’t any air on the Moon.

## INVESTIGATE TOGETHER:

- 1) Show children the pictures of real astronauts in space suits. What are the astronauts wearing?
- 2) Children might mention their special glasses, suits, helmets, air tanks, huge backpacks, or boots. Ask them why they think astronauts use each item. Why might astronauts need dark glasses? Why would they need to wear a space suit? Why do they need boots? Explain how the air tank holds air and is connected to the helmet by a tube. In addition to helping the astronauts breathe, what else might their helmets help them do?
- 3) Divide children into astronaut teams (4 or 5 children) to create their own space suit. Children might use a plastic bottle for an air tank, plastic lids and cardboard for dark glasses, and paper towel rolls for Moon boots.
- 4) When they’re done, they can present their space suits to the class and explain how each part of their suit would help them to explore the Moon. For example, the boots keep the astronauts’ feet warm and have special treads to keep them from slipping on the dusty soil.

**CONTINUED ON THE FOLLOWING PAGE** → → →

National Science Education Standard\*  
Content Standard K-4. E **Science and Technology:** Abilities of technological design

\*National Committee on Science Education Standards and Assessment, National Research Council. (1996). National Science Education Standards. Retrieved from <http://www.nap.edu/catalog/4962.html> on October 10, 2008.

## Moon Suits (continued)

The moon is a completely silent world! You could pop a balloon, or bang a drum, and you wouldn't hear a thing! That's because there is no air on the moon to carry sounds to your ears. Astronauts must use special radios inside their space suit helmets (where there is air) to talk to each other – even when they're standing side by side.

**ONLINE LINKS:** During this activity, take a look at these videos to see examples of real astronauts wearing space suits and moving on the Moon:

→ <http://www.youtube.com/watch?v=efzYbIYVUFk&feature=related>

Take a look at how the astronauts move and jump. Then, take a look at the flag. Is it waving? Why isn't it waving? That's right! It isn't moving because there is no air on the Moon!

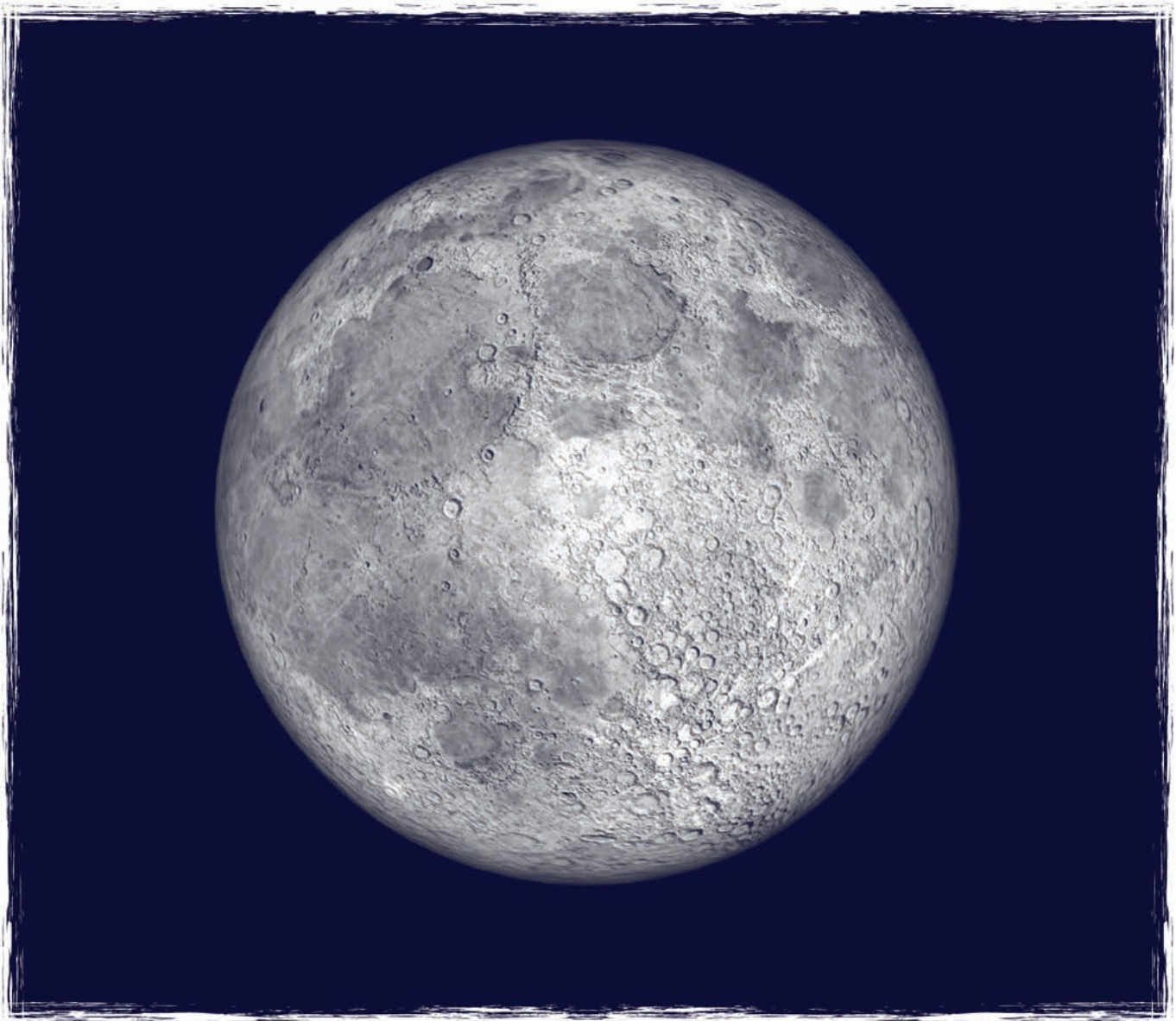
→ <http://www.youtube.com/watch?v=MUORgpdjzo&NR=1>

It isn't easy to keep your balance on the Moon when you are wearing a heavy backpack. Take a look at what happens to this astronaut as he tries to move on the Moon.

→ <http://www.youtube.com/watch?v=8V9quPcNWZE&feature=related>

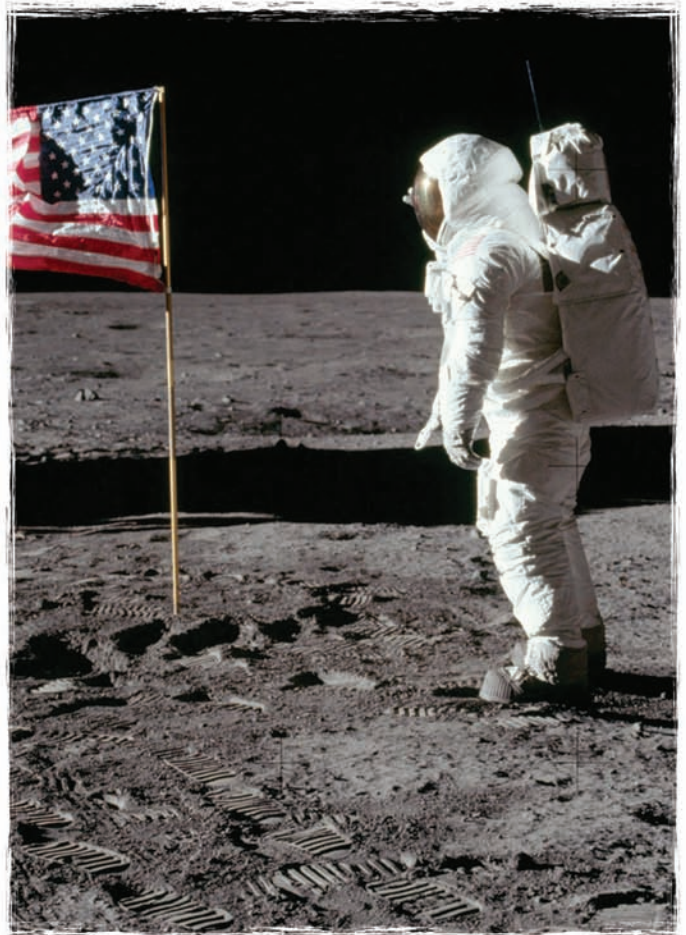
This fun video shows astronauts singing on the Moon as they talk by radio about the different ways they can move!





**Full Moon**

Sometimes we can see the whole Moon in the sky. It looks big and round and it's very bright. We call this the **Full Moon**.



**Pictures of Astronauts**





**Pictures of Spaceships**

# Get Hands-On

## Math Center

### CHILDREN WILL:

- Make comparisons to help them understand the difference in weight in the Moon and the Earth

### YOU WILL NEED:

- Unopened can of juice or soda
- Empty can of juice or soda
- Pennies

### ACTIVITY:

- Everything weighs about six times less on the Moon than it does on Earth! Invite children to explore this concept by preparing examples they can compare. Use a full, unopened can of juice or soda to show how much it weighs on Earth. Then, take an empty can of the same juice or soda and fill it with 22 pennies (stuff it with cotton to keep the pennies from rattling). Tape the opening shut, so that none of the pennies fall out. Present both cans and encourage children to lift each one. Which one is heavier? Which one is lighter? Which one shows how heavy the can would feel on the Moon?

## Writing Center

### CHILDREN WILL:

- Develop their writing skills

### YOU WILL NEED:

- 4" X 6" index card
- Crayons and pencils

### ACTIVITY:

- Have children create postcards to send from the Moon. On one half of their postcard, children can draw a picture of themselves in a space suit on the Moon. On the other half, they can write a message to their friends and family on Earth. How does it feel to be on the Moon? What do they see? How is the Moon different from Earth?





## Keep Exploring

Try these fun activities to continue learning inside and outside:

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→ **Feel the Heat** Why are space suits white? Invite children to place similar objects of different colors (e.g. a black piece of cloth and a white one) in a sunny spot outside where the air is still. Tell children you are going to leave them there for a while. After about half an hour, ask children to touch the objects. Which feels warmer when the sun shines on it, the black one or the white one? How might a light colored suit help astronauts stay cool on the Moon?

**The moon is a world of extreme temperatures! The surface gets very, very hot in direct sunlight and very, very cold in the shade. Without air, there are no breezes to cool things off and spread heat around. In addition to air for breathing, astronauts must also carry their own air-conditioning inside their suits to remain comfortable wherever they go.**

→ **Astronaut Tag** Add a new twist to an old favorite. Invite children to play a game of tag. When you call out "Moon," however, everyone should move as if they were on the Moon, by hopping and taking giant steps. When you call out "Earth," they can go back to running.

## Take-Home Tip

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→ **Suit Yourself!** Encourage families to talk about why astronauts need to wear special suits while they build their own space suits at home. Provide a list of household items they can use, such as a pair of sunglasses, a helmet, snow pants, gloves, and boots. How does each part of the astronauts' suits help them explore the Moon? What parts protect them? What parts help them breathe?

# Books Bring Learning to Life

Here are some books that will extend the learning. You can read them aloud to your group or invite children to use them for Independent Reading to further explore the stars.

## MOON LITERATURE: NONFICTION

→ ***If You Decide to Go to the Moon***  
by Faith McNulty

In this lavish picture book, readers accompany a boy on a fascinating excursion to the Moon.

Pre-K/K  1st/2nd

→ ***Moon***  
by Steve Tomecek

Find out about humans' first trip to the moon and what we found there. Learn about Moon craters, Moon dust, and Moon bouncing.

Pre-K/K  1st/2nd

→ ***The Moon Book***  
by Gail Gibbons

Identifies the Moon as our only natural satellite, describes its movement and phases, and discusses how we have observed and explored it over the years.

Pre-K/K  1st/2nd

→ ***The Moon Seems to Change***  
by Franklyn M. Branley

Explains the phases of the Moon – the changes that seem to happen to it as it goes around Earth.

Pre-K/K  1st/2nd

→ ***What the Moon is Like***  
by Franklyn M. Branley

Sights and experiences on a Moon visit.

Pre-K/K  1st/2nd

## MOON LITERATURE: CULTURAL LORE

→ ***Moon Rope/Un lazo a la luna***  
by Lois Ehlert

An adaptation of the Peruvian folktale in which Fox and Mole try to climb to the Moon on a rope woven of grass.

Pre-K/K  1st/2nd

→ ***Armadillo Ray***  
by John Beifuss

Curious about the true nature of the Moon, Armadillo Ray asks different animals for their opinion.

Pre-K/K  1st/2nd

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# Books Bring Learning to Life (continued)

## MOON LITERATURE: FICTION

→ ***And If the Moon Could Talk***  
by Kate Banks

As evening progresses into nighttime, the Moon looks down on a variety of nocturnal scenes, including a child getting ready for bed.

Pre-K/K  1st/2nd

→ ***Henry's Moon***  
by Geoffrey Moss

Henry lives in a big city, and rarely sees the Moon. So, he builds a moon for his bedroom window. Every night, he sees his moon while he sleeps. When Henry's friends in the country hear about his moon, they invite him to visit and see a real Moon.

Pre-K/K  1st/2nd

→ ***I Took the Moon for a Walk***  
by Carolyn Curtis

Lyrical written and beautifully illustrated, this memorable moonlight journey will leave all who read it marveling at the serene beauty of the world at night.

Pre-K/K  1st/2nd

→ ***Kitten's First Full Moon***  
by Kevin Henkes

Working in bold black lines and the silvery palette of moonlight, he creates a lovable, expressive character in the determined kitten, and his dramatic contrasts of light and dark capture the excitement of a nighttime adventure.

Pre-K/K  1st/2nd

→ ***Moongame***  
by Frank Asch

During a game of hide-and-seek, Moon hides behind a cloud, leaving his friend Bear very worried.

Pre-K/K  1st/2nd

→ ***Regards to the Man in the Moon***  
by Ezra Jack Keats

With the help of his imagination, his parents, and a few scraps of junk, Louie and his friends travel through space.

Pre-K/K  1st/2nd

→ ***Squawk to the Moon Little Goose***  
by Edna Mitchell Preston

Little Goose is told to go to bed. Curious about the night, she disobeys her mother, sneaks out of the house, and is nearly swallowed by a fox. Using a quick wit, and the reflection of the Moon in the pond, the clever Little Goose gets away!

Pre-K/K  1st/2nd

→ ***The Moon Might Be Milk***  
by Lisa Shulman

Rosie wonders: What is the moon made of? Gran knows best. Using milk, butter, sugar, and other ingredients, she shows Rosie how to bake moon-shaped cookies and captures a magical piece of the moon in her very own kitchen.

Pre-K/K  1st/2nd

→ ***The Sun, the Moon, and the Stars***  
by Nancy Elizabeth Wallace

A collection of more than 30 poems, some by the compiler, others by Walter de la Mare, Russell Hoban, Frank Asch, Jane Taylor, and others.

Pre-K/K  1st/2nd

# Bringing It All Together!

Keep the learning going by encouraging children to share their work with their families at home, and remind them to look up to the sky!

**Congratulations!** Together with children you have explored:

- How the light from the sun creates shadows
- Exciting star patterns and stories from around the world
- The craters on the Moon's surface and how astronauts travel to the Moon

FOR MORE EXCITING ACTIVITIES TO DO WITH YOUR GROUP, CHECK OUT THE PLANETARIUM FACILITATOR GUIDE AVAILABLE ONLINE AT [HTTP://WWW.SESAMEWORKSHOP.ORG/INITIATIVES/RESPECT/SKY](http://www.sesameworkshop.org/initiatives/respect/sky). HERE ARE A FEW ADDITIONAL RESOURCES TO HELP YOU CONTINUE YOUR SKY EXPLORATIONS:

- <http://www.adlerplanetarium.org/cyberspace/>
- <http://www.adlerplanetarium.org/education/educators.shtml>
- [http://www.nasa.gov/pdf/58229main\\_Living.with.a.Star.pdf](http://www.nasa.gov/pdf/58229main_Living.with.a.Star.pdf)
- <http://www.nasa.gov/home/index.html>
- <http://www.nasaimages.org/>
- <http://www.digitaliseducation.com/curricula/whatsup.pdf>
- <http://planetarium.spps.org/Como/curric/Curricpages/cvrK.htm>
- <http://spaceplace.nasa.gov/en/educators/>
- [http://www.windows.ucar.edu/tour/link=/teacher\\_resources/teacher\\_resources.html](http://www.windows.ucar.edu/tour/link=/teacher_resources/teacher_resources.html)
- [http://www.pbs.org/parents/bookfinder/bookfinder\\_results.html?age=-1&theme=25&type=-1&keywords=](http://www.pbs.org/parents/bookfinder/bookfinder_results.html?age=-1&theme=25&type=-1&keywords=)
- <http://www.pbs.org/teachers/sciencetech/inventory/atmospherespace-science-prek.html>
- <http://www.pbs.org/teachers/sciencetech/inventory/atmospherespace-science-k2.html>
- <http://www.pbs.org/wgbh/nova/>

